

ABITHA'S APOTHECARY

AUGUST 2017

HERBAL KNOWLEDGE

Agrimony

Agrimonia eupatoria

Gender: Masculine

Planet: Jupiter

Element: Air

Powers: Protection, Sleep

Magical Uses: Agrimony is used in protection spells, and is used to banish negative energies and spirits. It is also used to reverse spells and send them back to the sender. It was believed that placing Agrimony under the head of a sleeping person would cause a deep sleep that will remain until it is removed. Use in all Protection sachets and spells, also to banish negative energies and spirits. It protects against goblins, evil and poison. Agrimony has also long been used to reverse spells sent against the magician; i.e. it not only breaks hexes, it also sends them back to the hexer. Agrimony placed under the head will make one sleep as if dead, according to ancient lore, but don't use this for insomnia; the sleeper won't waken until the herb is removed. At one time Agrimony was used to detect the presence of Witches. A very powerful herb. When burned, especially with frankincense, will destroy curses and negative energies. Turns curses and hexes back upon the sender. Carry in red cloth, or add an infusion to the bath water.

Make a Psychic Protection Bag:

You will need:

4 black candles

A small fabric bag in either purple or black

About a tablespoons worth of:

Agrimony

Anise

Horehound

Sandalwood

Rue

One piece each of:

Onyx

Jet

Hematite

Before you use it, you need to assemble and charge up this protection charm. Set the four candles up in holders in the shape of a square. In the middle, pile all the parts of your charm bag. Light the candles and concentrate on their light. Visualize it flowing into the center and filling up the herbs and stones you have there. Repeat the following:

By the light of four,

Harm me no more.

Repeat several times while you charge up the materials. When you're satisfied, gather everything together and fill the bag with stones and herbs. Tie it tightly shut and place back in the center of the candles. Do the same visualization and repeat the same words again. When you feel that the bag is ready to go, snuff out the candles and start to carry the charm with you.

Remember that this protection spell is intended to block psychic or astral energy, but it will do as a more general protection amulet in a pinch.

Hours for August

Aug. 1st -4th 11a-8p

Aug. 5th CLOSED

Aug. 6th 12p-5p

Aug. 9th-12th 11a-8p

Aug. 13th 12p-5p

Aug. 16th-19th 11a-8p

Aug. 20th 12p-5p

Aug. 23rd-26th 11a-8p

Aug. 27th 12p-5p

Aug. 30th & 31st 11a- 8p

JOYFUL NEWS!

We wanted to announce the marriage of Abitha's own "Incense Princess" Fiona to her Prince Francisco Hernandez, happening this August 5th!

We are very blessed to be adding Francisco to our family and are sending them many happy and prosperous energies their way as they take this new path in life together.

In celebration of this beautiful union, Abitha's will be closed on August the 5th to attend the ceremony.





This is the right time to decide your priorities and act with persistence to achieve them. There is no need for using your social charm or to take advice from others. The Leo sun sign can assert themselves and overcome all obstacles. Your way is the correct way and others will follow you. Leo, your zodiac sign is hosting a number of planets this month in August 2017. This will present you with all types of sexual pleasures and your animal instinct will be strong. However the presence of Saturn will control your actions which will be subdued.

Virgo, planetary strength is situated in the Eastern half of the chart towards your rising sign. This is further enhanced by the forward movement of Mercury after the retrograde on the 16th of August 2017. This gives the Virgo sun sign extraordinary power for independent actions. You can design your own life as per your own specifications. There is no need to seek the help of others or compromise on your methods.

After the 23rd of August 2017, you will be more interested in indulging yourself in sensual pleasures. Presence of Venus in Virgo sign will help you to enhance your personal outlook and beauty. You will be interested in spiritual activities after the 10th of August 2017. You will engage yourself in charitable engagements and humanitarian service.



SPELL TO HELP WITH STUDYING

Use this spell to boost your concentration and study skills. Needed:

- A candle (yellow is best, but white could also work)
- Something to carve symbols into the candle
- A small piece of paper and a pen
- A flame-proof dish

Gather all the materials you need to study, or perform this spell where your study area is. Cast a circle. Carve a symbol representative of academic success, such as a good grade or the rune for wisdom and insight, into the candle. Light the candle and then sit before it for a moment to focus and center yourself. Then, imagine the candle's light filling your head, making it clear, focused, and alert. Chant the following incantation:

*Bright and lively is this flame
I will my mind to be the same
I'll be attentive as it burns
Remembering everything I learn
I'll focus well and study hard
Success will be my due reward*

Draw the rune for disordered thoughts on the piece of paper. Catch the paper on fire with the candle's flame and put it in the flame-proof dish. As it burns to ashes, imagine the same thing happening to any distracting, disordered thoughts, allowing you to focus completely on your studies. Study within your circle, keeping the candle lit as long as you are working. If the candle goes out or burns down, simply light it again or get another and repeat the incantation. When you are done studying, snuff out the candle and close your circle.

Kenaz, the rune for wisdom and insight:



The rune for disordered thoughts:



CLASSES & EVENTS

During the summer construction we are going to keep the summer schedule light and stress free.

August 5th @ 7:30p Helping your child understand the empathic gifts. \$10 per person ~ Ages 7 and up.
Postponed until further notice.

August 18th & 25th @ 7:30p Norse Pantheon parts 1 & 2. Join Josh for this journey into the understanding of the Norse Gods and Goddesses. \$20 per person for the whole class.



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