

Abitha's Apothecary



April 2017 marks Abitha's being blessed to have served this wonderful community for 29 years. Hard to believe, it only seems like yesterday that Marilyn and Kathie decided to start serving the metaphysical community.

Opening in a booth space at Classic Century Square lasting only a month there they moved across the street to what is not Evolution Piercing. However it did not take long to out grow the second space and they were once again in search of a new store front.

Towards the later part of 1989, Marilyn found a new home for Abitha's here in Nob Hill and the move with the possibility of growth once again lay before them.

Over the years we have seen businesses come and go and have watched children of our long time customers become customers themselves and

have introduced Abitha's to their children. It is such a blessing to have such a ever growing extended family to share life with.

Marilyn and Kathie realized in 2007 that they would like to pass the reigns on to a new generation and tried to sell the shop. Abitha's was doing ok but you could tell it needed the family back. By 2009 Marilyn was already "retired" and living in Florida with her daughter, so Kathie stepped back into the shop with a new crew of readers to keep it going. February of 2012 Kathie decided once again that the shop needed younger blood and asked her daughter Reta and granddaughter Fiona if they would like to take over.

After much consideration, on April 1st, 2012, Reta, stepped into the roll of owner and began working on evolving it into not only the metaphysical supply store that it started as but into a learning center as well. Holding more classes, workshops, and rituals, as she puts it "Bring it into the 21st Century", to help those who wish to become more rounded spiritually.

Albuquerque is ever evolving and everyone here at Abitha's hopes to evolve along with all of you. Thank you for your support over the last 29 years and here is to what ever we may be blessed with in the years to come.

G I R L S ' N I G H T O U T !

Each year, over 1,000 women 21 & up shop, pamper and treat themselves at Ronald McDonald House Charities of New Mexico's premier shopping and indulgence event. The event features over 100 retail vendor booths, free beauty and food indulgence providers, fashion, pampering and entertainment for mind, body and spirit.

To purchase tickets go to <http://www.rmhc-nm.org/events/girls-night-out/>

Abitha's readers will be at this most outstanding event in support of the Ronald McDonald House Charities and all the hard work that they do for families in need. So please join us Friday April 28th for an awesome night out!!



On April 5, the Mars/Pluto trine could help you achieve a long-cherished goal. Sweet love and romance come your way with the April 10 Full Moon. If you're feeling a bit selfish, that's fine. It's part of your charm. Relax and do what comes naturally. There's no rush when Venus is retrograde, as it is now. The New Moon on April 26 may bring you a monetary windfall, or perhaps a desired acquisition becomes easier to get now. A financial decision that seems obvious to you may surprise others, but your instincts will outweigh any advice. However, be smart and not hasty.

The April 10 Full Moon pours power into improving your daily routine. Get better organized with no extra effort and clean up a lot of loose ends. You'll get plenty of help without needing to ask. Take full advantage and remember to show your gratitude. The Venus retrograde period ends on April 15. Look for more tender hearts and perhaps a random love token or sweet reconciliation. April 26 is a New Moon that lets you be a new you. Create a more beautiful world for yourself and know that you can make it last. Feel secure about everything that you truly love.



Pagan Recipe For Elder Flower Fritters (Medieval England)

The French use elder flowers to pack apples. They claim that this enhances the flavor.

- 1 egg
- 1 cup self-rising flour
- 1 teaspoon Rose Water (see following recipe)
- 1/4 teaspoon cinnamon
- 1/4 cup honey
- 2 cups elder flowers, freshly picked & cleaned
- 2 tablespoons brandy

Mix the egg, rose water, honey, & brandy in a medium sized bowl. Stir in the flour & cinnamon; the batter should resemble slightly thick pancake batter. If the batter is too thin, add a little more flour; if too thick, add more brandy. Fold in the elder flowers. Fry like pancakes or drop by the teaspoon into a deep-fat-fryer until golden brown. Serve with a sprinkling of orange water & fresh lemon, or dip into fresh sweet cream.

Yield: About 2 dozen

Note: If you are not using self-rising flour, add 1 teaspoon baking powder & 1/2 teaspoon salt.

Variation: If you can't find elder flowers, substitute 1 cup finely diced apples & a hint of fresh mint for similar magical effects.

Magical Attributes: Protection from Faery folk, trust, beauty, energy for attraction, & magical ambience. Can also be eaten on Lammas, St. Valentines Day, or Hallow's Eve.

Moon Cycle

First Quarter ~ April 3rd ~ 11:39a

Full Moon ~ April 10th ~ 11:08p

Last Quarter ~ April 19th ~ 2:57a

New Moon ~ April 26th ~ 5:16a



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Check out abithas.com for classes, readers' bios and other events.

Tues.-Sat. 11a-7p