

Abitha's Apothecary

March 2016

Volume 27, Issue 12

A Spell of Reawakening

The Spring Equinox, called Ostara by many, is a day of perfect balance between night and day, darkness and light, slumber and awakening. Many craft traditions, covens, and solitaries have devised their own rituals for awakening Mother Earth at this time. Many of these can be traced back to England.

One common practice is to walk through a natural area, tap the earth three times with a staff or wand, and make a joyful noise to welcome the Goddess's return. This ritual is performed three times in keeping with the sacred number of many of the Pagan sects from western European countries. Now is not only a good time to awaken Mother Earth, but also to awaken ourselves. We should ask: Are we only going through the motions now? Or are we reawakening our spiritual selves, and seeing anew all the magical possibilities of spring? To awaken your own body, mind, and soul to spring's re-birth, give back to Mother Earth some of the things we've taken from her. Plant a tree, herb garden, or flowers. Feed her animals and birds. As you do any of these things, consecrate your offering by saying:

Mother Earth, Goddess we walk upon,
May my gifts be of value
Even after I'm gone.
Today, while I'm here,
May my offering be,
An act of love
for you from me.

By: Edain McCoy

Ostara Ritual

Flowers should be laid on the altar, placed around the circle and spread on the ground. The cauldron can be filled with spring water and flowers, buds and blossoms may be worn as well. Arrange the altar, light the candles and incense, and cast the Circle. Say:

"Great goddess, you have freed yourself
From the icy prison of winter.
Now is the greening, when the fragrance of
Flowers drifts on the breeze.
This is the beginning. Life renews itself
By Your magic, Earth Goddess.
The God stretches and rises,
Tiger in His youth, and bursting with
The promise of summer."

"I walk the earth in friendship, not in dominance.
Mother Goddess and Father god, instill within me
Thorough this plant a warmth for all living things.
Teach me to revere the Earth and all its treasures.
May I never forget."



The Sun/Neptune conjunction of last month reverberates on March 1 when an innocent fantasy sends out hopeless ripples. You own the New Moon on March 8, when a partner or lover says the magic words to heal an old wound or solve an old problem. You don't need to repeat the original mistake ever again. Feel better. Take your finances in hand with the March 23 Full Moon. Money looks good and your mental organization looks even better. Get records in order, be well within budget, and feel secure when conversing. Be confident if seeking a loan or dealing with any bureaucracy.

Look within during this New Moon on March 8 and perhaps spot a personal flaw that is easy to remedy. It may be something tiny that has been irritating for a long time. It's easy to form a new good habit now. The Full Moon on March 23 shines with love on all the partnerships in your life. Romance glistens with tenderness. Go ahead and let your lover pamper you for a change. Easter Monday, March 28, is high energy with a Moon/Mars conjunction. You may be ready to start something that has been on your mind all winter long. Make it good!



March

6 th	Eclectic Spiritual Panel on Ethics	4pm	Free
7 th	Meditation	5pm	Free
16 th	Greek Pantheon I	7:30p	\$10 or \$15 for both
19 th	Ostara Ritual	7:30p	Free
21 st	Meditation	5pm	Free
23 rd	Greek Pantheon II	7:30p	\$10 or \$15 for both

April

4 th	Meditation	5pm	Free
5 th	Signs, Symbols & Sigils	7:30p	\$10
7 th	Runes 101		\$10 or \$25 for all 3
13 th	Music & Magical Vibrations	7:30p	\$10
14 th	Runes 201		\$10 or \$25 for all 3
16 th nute	Psychic Fair		11a-7p Readings \$1 per mi-
18 th	Meditation	5pm	Free
21 st	Runes 301		\$10 or \$25 for all 3
24 th	Beltane Ritual	4pm	Free
28 th , 29 th , 30 th Closed for Beltane-----			

May

6 th	Closing Early 3pm		
9 th	Meditation	5pm	Free
11 th	Sacred Geometry & the Flower of Life	7:30p	\$10
23 rd	Meditation	5pm	Free
31 th	How to Tarot Workshop	7:30p	10 week workshop
			Call 262-0401 to reserve your spot

Tuesday—Saturday 11a– 7p



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