



Moon Phases and Spellwork

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New Moon

The new moon is the beginning of the lunar cycle, and means that the moon is completely in line with the sun and the earth. We see a dark sky with no visible moon. It's a time of newness and rejuvenation. The new moon is the three days after the new face of the moon and also includes the day of the new face of the moon.

Spells: New beginnings of any sort, beauty, health, personal improvement or new employment.

Waxing Moon

The waxing moon is the period of time between the new moon and the full moon. Every night, the moon gets a little larger. Any spellwork that requires growth should be done now.

Spells: Courage, motivation, inspiration, friendship, elemental magick, healing or luck.

Full Moon

This is a time when the Moon is at its most powerful, and the magic most potent. Performing any positive spell at this time will achieve good results. Since the full moon only truly occurs for one night out of the entire lunar cycle, it can be hard to fit it into your schedule. You can harness the energy of the full moon for about 2 days before or after the night the moon is truly full.

Spells: Artistic projects, love, romance, fertility, psychic abilities or making decisions. Also healing, guidance, and completion spells.

Waning Moon

The moon is waning as it gets smaller again, after the full moon. As the moon seems to disappear in the sky, use this time to do spellwork to remove things from your life. The waning moon is a good time for the casting out of the old ways, banishing old habits such as smoking and overeating, the removal of troubles and worries.

Spells: Banishing bad habits and addictions, ending relationships, banishing stalkers or bad people from your life.

Typically, there is one full moon every month, but since the lunar cycle is a bit shorter than our calendar months, there is sometimes two. The second full moon in any given month is called a blue moon.

Classes and Events

JULY

9th/7:30~

Mirror Magic

18th/11a-11p~

Summerfest Beach Party Psychic Fair

29th/7:30~

Altar Class

AUGUST

1st/7:30~

Lughnasadh Circle (free)

15th/12-7

Psychic Fair

18th/7:30~

Hindu Pantheon I

25th/7:30~

Hindu Pantheon II

Moon Cycle



Full moon July 1, 2015
07:22:22 PM

Last quarter July 8, 2015
01:26:01 PM

New moon July 15, 2015
06:26:11 PM

First quarter July 23, 2015
09:05:15 PM

Letting Go of Grief Spell

Do this work and during a waning moon phase on a Saturday night.

Items Needed:

Sage and Cedar smudge
3 black candles
Dragon's blood oil
Silver bell

18 inch length of black ribbon or string
Censer or caldron
Scissors

Smudge yourself and all the items to be using for this spell. Next draw triple sacred circle, laying down white light first, cobalt blue light second and white light third. Then call in your dream guardians. Rub a fine film of the dragon's blood oil over the three candles, and as you do, imagine yourself letting go of your grief. Then light the candles one at a time.

Next fold the silver belt over the altar, ring it three times, and say:

I call upon the powers of the Goddess this night.

Ring the bell three more times and say:

I call upon the powers of the God this night.

Ring the bell for three more times and say:

I call upon the ancient powers that be.

Place the bill back on the altar, and then pick up the ribbon, holding an end in each hand. Imagine that the right and represents you while the left and represents your grief. Name the ends as such by holding up the right and saying your name three times, and then holding up the left and naming your grief three times. Set the Ribbon back upon the altar. Take a few minutes to center yourself completely, aligning your being with the energies of peace, love, and harmony.

Pick up the Bell, ring it three times, and say:

Below and above, Earth and Sea,

I awaken these energies in me.

With this tonight that I now release my grief and painful feelings about (name grief).

By the will of the ancient ones,

By the will of the one, as I will, it is done!

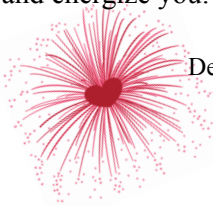
Now saturate the ribbon or strain in the dragon's blood oil and cut it in half. Like the ribbon in the candle flame, and then burn both pieces in your censer or caldron.

As the ribbon burns, chanting these words:

Sacred flame, take my Pain!

Sacred fire, consumed my grief!

Once the smoke has cleared, take a few deep breaths. See and sense yourself breathing and bright white light and breathing out your feelings of grief into a cobalt blue balloon. This balloon can be filled more and more without ever popping. The keep filling the balloon with any painful feelings, imagining it expanding more and more. Do this for as long as it takes to exhale all your grief into the balloon, and then release the balloon into the sky, watching it disappear into the night. Next pick up the Bell and ring it nine times. Snuff out the candles, and thank the divine powers that help you with your work. Pull up the triple circle of light in the order that you laid it down, and then release your dream guardians. Next smudge yourself for a few minutes, and then smudge your tools, altar, and bedroom. Complete the work by taking a warm salt water bath, using 1/2 cup of sea salt in your bathwater. As you soak, imagine any residual feelings of grief been absorbed by the water. Within the next three days you'll be able to release a good deal of your grief. This will lighten your load and energize you.



Dedicated to Kathie Crook~ Co-Founder of Abitha's Herbarry and a firecracker of a mom! 1941-2015